

Coffee & Cocoa

ESPRESSO (SINGLE/DOUBLE) <small>KCAL 5 / KCAL 10</small>	19 / 24
CAPPUCCINO <small>KCAL 201</small>	24
AMERICANO <small>KCAL 62</small>	22
CAFFÈ LATTE <small>KCAL 191</small>	24
FLAT WHITE <small>KCAL 24</small>	24
CORTADO <small>KCAL 102</small>	24
QAHWA (SMALL/MEDIUM) <small>KCAL 24 / KCAL 45</small>	38 / 74
V60 <small>KCAL 58</small>	39
VALRHONA HOT CHOCOLATE <small>KCAL 452</small>	34



Cortado



Date French Toast

Flavoured Latte

DATE <small>KCAL 590</small>	29
SAUDI <small>KCAL 164</small>	29
SPANISH <small>KCAL 444</small>	29
CARAMEL <small>KCAL 365</small>	29
MOCHA <small>KCAL 374</small>	29

Specialist Teas



CHAMOMILE <small>KCAL 5</small>	19
EARL GREY FLEURS BLEUES <small>KCAL 16</small>	19
ENGLISH BREAKFAST <small>KCAL 8</small>	19
JAPANESE GREEN <small>KCAL 5</small>	19
MINT <small>KCAL 12</small>	19
LEMON & GINGER <small>KCAL 41</small>	34
MOROCCAN TEA (SMALL/MEDIUM) <small>KCAL 24 / KCAL 58</small>	29 / 49

Desserts

STICKY DATE PUDDING <small>KCAL 322</small>	48
SALTED CARAMEL LAVA CAKE <small>KCAL 744</small>	39
CHOCOLATE & HAZELNUT CHEESECAKE <small>KCAL 661</small>	37
CHOCOLATE AND RASPBERRY CAKE <small>KCAL 588</small>	39
MADAGASCAR CHOCOLATE CAKE <small>KCAL 402</small>	37
DATE PISTACHIO SLICE <small>KCAL 425</small>	34
DATE PECAN SLICE <small>KCAL 449</small>	34
APPLE TART <small>KCAL 520.62</small>	24
SALTED CARAMEL & CHOCOLATE MILLEFEUILLE <small>KCAL 424</small>	39
BASQUE CHEESECAKE <small>KCAL 661</small>	38
VANILLA MILLEFEUILLE <small>KCAL 447</small>	39
BLUEBERRY CHEESECAKE <small>KCAL 605</small>	39
TIRAMISU <small>KCAL 343</small>	39
SEASONAL FRUIT TART <small>KCAL 433</small>	39

Bateel
El'an
بتييل

Breakfast

YOGHURT & DATE GRANOLA   KCAL 389	36
Greek yoghurt, homemade date granola, seasonal fruits	
AVOCADO & FETA TOAST KCAL 270	48
Avocado, beetroot hummus, rocket, feta, wholewheat bread	
BAKED EGG SHAKSHUKA KCAL 548	54
Roasted red pepper, baked egg, chilli, feta, toasted sourdough	
HAM, MUSHROOM & GRUYERE PIADINA KCAL 1295	49
Herb omelette, veal ham, wild mushroom, gruyère, Italian flatbread	
BELGIAN WAFFLES  KCAL 1127	49
Waffles, strawberry, whipped cream	
DATE FRENCH TOAST   KCAL 1277	48
Brioche French toast, date syrup, whipped cream, caramelised pecan	
AÇAI BOWL KCAL 285.74	45
Frozen açai puree topped with granola and fresh berries	

Croissants & Savouries

PLAIN CROISSANT  KCAL 254	15
CHEESE CROISSANT  KCAL 260	19
ZAATAR CROISSANT  KCAL 261	19
ALMOND CROISSANT   KCAL 327	19
PAIN AU CHOCOLAT  KCAL 307	19
DANISH PASTRY KCAL 301.40 - KCAL 469.92	17
CHICKEN & LEEK QUICHE KCAL 613.61	54
PESTO SWIRL KCAL 487	22
PIZZETA  KCAL 330.80	39
BLUEBERRY MUFFIN  KCAL 439	17
LEMON & RASPBERRY MUFFIN  KCAL 453.33	17



Chicken & leek Quiche



Avocado & Feta Toast



Healthy Green Bowl





Smoked Salmon

Soup

LENTIL  KCAL 246	39
TOMATO   KCAL 238	39

Salads

CLASSIC CAESAR  KCAL 448	49
Baby gem, zaatar croutons, Parmigiano Reggiano	
HEALTHY GREEN BOWL  KCAL 302	54
Lettuce, avocado, sugar snap, asparagus, broad beans, quinoa	
QUINOA & CRANBERRY KCAL 675	54
Quinoa, cranberry, avocado, roasted pumpkin, tomato, hazelnut	
AVOCADO, CORN & LENTIL   KCAL 653	52
Mixed lentils, roasted corn, avocado, red onion, pomegranate, chicory	
ENHANCE YOUR SALAD WITH CHICKEN	12

Sandwiches

TUNA & MOZZARELLA KCAL 751	49
Tuna, roasted pepper, pistachio pesto, mozzarella, Italian flatbread	
CROQUE MONSIEUR KCAL 896	49
Turkey, béchamel, date mustard, gruyère, comté, multi-grain bread	
SMOKED SALMON  KCAL489	55
Smoked salmon, crème fraiche, rocket, capers, dark rye bread	
CHICKEN CIABATTA KCAL 886	49
Caponata Aioli, Plum tomato, white cabbage, herb omelet, chicken breast, avocado, gem lettuce, Ciabatta bread	

Chilled Beverages

BERRY PROTEIN SHAKE KCAL 364	34
DATE SHAKE KCAL 364	39
AÇAI SMOOTHIE KCAL 165	38
AVOCADO & DATE SMOOTHIE KCAL 375	39

Mocktails

KIWI MOJITO KCAL 144	34
LEMON MINT KCAL 207	34
PASSION FRUIT MOJITO KCAL 131	34


Fresh & Detox Juices

CHARCOAL DETOX KCAL 173	34
GREEN DETOX KCAL 91	34
FRESH JUICE KCAL 108 - 149	29
Orange / Carrot / Green Apple / Pineapple	

Frappés

MATCHA / COFFEE KCAL 118 - 387	29
DATE KCAL 584	32

Iced Latte

COFFEE KCAL 118	28
SPANISH KCAL 444	29
SAUDI KCAL 128	29
HAZELNUT KCAL 181	29
CARAMEL KCAL 181	29
MOCHA  KCAL 181	29

Iced Teas

BUTTERFLY / PEACH / LEMON & GINGER KCAL 103 - 283	29
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