






Bateel
El'an
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بتيه

Breakfast & Lunch Menu

Breakfast

YOGHURT & DATE GRANOLA   <small>KCAL 389</small>	34
Greek yoghurt, homemade date granola, seasonal fruits	
AVOCADO & FETA TOAST <small>KCAL 270</small>	46
Avocado, beetroot hummus, rocket, feta, wholewheat bread	
BAKED EGG SHAKSHUKA <small>KCAL 548</small>	52
Roasted red pepper, baked egg, chilli, feta, toasted sourdough	
HAM, MUSHROOM & GRUYERE PIADINA <small>KCAL 1295</small>	49
Herb omelette, veal ham, wild mushroom, gruyère, Italian flatbread	
BELGIAN WAFFLES  <small>KCAL 1127</small>	50
Waffles, strawberry, whipped cream	
DATE FRENCH TOAST   <small>KCAL 1277</small>	48
Brioche French toast, date syrup, whipped cream, caramelised pecan	

Croissants & Savouries

PLAIN CROISSANT  <small>KCAL 254</small>	14
CHEESE CROISSANT  <small>KCAL 260</small>	18
ZAATAR CROISSANT  <small>KCAL 261</small>	18
ALMOND CROISSANT   <small>KCAL 327</small>	18
PAIN AU CHOCOLAT  <small>KCAL 307</small>	18
DANISH PASTRY <small>KCAL 301.40 - KCAL 469.92</small>	16
CHICKEN & LEEK QUICHE <small>KCAL 613.61</small>	49
PESTO SWIRL <small>KCAL 487</small>	20
PIZZETA  <small>KCAL 330.80</small>	42
BLUEBERRY MUFFIN  <small>KCAL 439</small>	16
LEMON & RASPBERRY MUFFIN  <small>KCAL 453.33</small>	16





Healthy Green Bowl



Smoked Salmon

Soup

LENTIL  KCAL 246	38
TOMATO   KCAL 238	38

Salads

CLASSIC CAESAR  KCAL 448	42
Baby gem, zaatar croutons, Parmigiano Reggiano	
HEALTHY GREEN BOWL  KCAL 302	52
Lettuce, avocado, sugar snap, asparagus, broad beans, quinoa	
QUINOA & CRANBERRY KCAL 675	52
Quinoa, cranberry, avocado, roasted pumpkin, tomato, hazelnut	
AVOCADO, CORN & LENTIL   KCAL 653	49
Mixed lentils, roasted corn, avocado, red onion, pomegranate, chicory	
ENHANCE YOUR SALAD WITH CHICKEN	12

Sandwiches

TUNA & MOZZARELLA KCAL 751	53
Tuna, roasted pepper, pistachio pesto, mozzarella, Italian flatbread	
CROQUE MONSIEUR KCAL 896	53
Turkey, béchamel, date mustard, gruyère, comté, multi-grain bread	
SMOKED SALMON  KCAL 489	55
Smoked salmon, crème fraîche, rocket, capers, dark rye bread	
CHICKEN CIABATTA KCAL 886	49
Caponata Aioli, Plum tomato, white cabbage, herb omelet, chicken breast, avocado, gem lettuce, Ciabatta bread	

Chilled Beverages

BERRY PROTEIN SHAKE	KCAL 364	32
DATE SHAKE	KCAL 364	39
AÇAI SMOOTHIE	KCAL 165	36
AVOCADO & DATE SMOOTHIE	KCAL 375	39

Mocktails

KIWI MOJITO	KCAL 144	32
LEMON MINT	KCAL 207	32
PASSION FRUIT MOJITO	KCAL 131	32


Fresh & Detox Juices

CHARCOAL DETOX	KCAL 173	32
GREEN DETOX	KCAL 91	32
FRESH JUICE	KCAL 108 - 149	30
Orange / Carrot / Green Apple / Pineapple		

Frappés

MATCHA / DATE / COFFEE	KCAL 387 - 6584	32
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Iced Latte

COFFEE	KCAL 118	28
SPANISH	KCAL 444	28
SAUDI	KCAL 128	28
HAZELNUT	KCAL 181	28
CARAMEL	KCAL 181	28
MOCHA	 KCAL 181	30

Iced Teas

BUTTERFLY / PEACH / LEMON & GINGER	KCAL 103 - 283	28
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Coffee & Cocoa

ESPRESSO (SINGLE/DOUBLE)	KCAL 5 / KCAL 10	19 / 23
CAPPUCCINO	KCAL 201	24
AMERICANO	KCAL 62	22
CAFFÈ LATTE	KCAL 191	24
FLAT WHITE	KCAL 24	24
CORTADO	KCAL 102	23
QAHWA (SMALL/MEDIUM)	KCAL 24 / KCAL 45	35 / 68
V60	KCAL 58	38
VALRHONA HOT CHOCOLATE	KCAL 452	32

Flavoured Latte

DATE	KCAL 590	29
SAUDI	KCAL 164	29
SPANISH	KCAL 444	29
CARAMEL	KCAL 365	29
MOCHA	 KCAL 374	29

Specialist Teas

CHAMOMILE	KCAL 5	19
EARL GREY FLEURS BLEUES	KCAL 16	19
ENGLISH BREAKFAST	KCAL 8	19
JAPANESE GREEN	KCAL 5	19
MINT	KCAL 12	19
LEMON & GINGER	KCAL 41	32
MOROCCAN TEA (SMALL/MEDIUM)	KCAL 24 / KCAL 58	28 / 48



Cortado



Date French Toast

Desserts

STICKY DATE PUDDING	 	KCAL 322	48
SALTED CARAMEL LAVA CAKE		KCAL 744	46
CHOCOLATE & HAZELNUT CHEESECAKE	 	KCAL 661	36
CHOCOLATE AND RASPBERRY CAKE		KCAL 588	38
MADAGASCAR CHOCOLATE CAKE		KCAL 402	36
DATE PISTACHIO SLICE		KCAL 425	32
DATE PECAN SLICE		KCAL 449	32
APPLE TART		KCAL 520.62	22
SALTED CARAMEL & CHOCOLATE MILLEFEUILLE		KCAL 424	38
BASQUE CHEESECAKE	 	KCAL 661	36
VANILLA MILLEFEUILLE		KCAL 447	38
MANDARIN & TOFFEE TIRAMISU		KCAL 661	38
DATE & COFFEE TIRAMISU		KCAL 343	38