

Café
Bateel

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GLUTEN-FREE MENU

SOUPS

SPICY TOMATO & QUINOA

A hearty soup of blended chickpeas, quinoa, onion and fresh tomatoes.

3 9

ASPARAGUS

A delicate asparagus soup garnished with fresh parsley.

3 9

LENTIL

A hearty black lentil soup with potatoes, served with lemon.

3 9

TOMATO

Classic tomato soup garnished with baby mozzarella and arugula pesto.

3 9

SALADS

CAESAR

Romaine hearts with Parmigiano Reggiano cheese and Caesar dressing.

Plain / Chicken / Marinated prawns

4 6 / 5 7 / 6 2

AVOCADO

Mixed greens, avocado, cherry tomatoes, asparagus, Parmigiano Reggiano cheese and Caesar dressing.

Plain / Chicken / Marinated prawns

5 4 / 6 4 / 6 9

PRAWN & BABY SPINACH

Lemon marinated prawns, avocado, quinoa, tomatoes and baby spinach, paired with Bateel Parmigiano Reggiano cheese dressing.

6 1

QUINOA TABBOULEH

Quinoa with mint leaves, pomegranate, onions, cucumber, parsley, tomatoes and citrus lemon dressing.

5 1

MEDITERRANEAN TUNA

Tuna Ventresca with avocado served on quinoa, kale, cherry tomatoes, mushrooms, onions, drizzled with a creamy lemon dressing.

5 9

WILD ROCKET

Wild rocket leaves with sautéed mushrooms, cherry tomatoes, pine nuts and Parmigiano Reggiano cheese, dressed with Bateel date balsamico.

4 7

BATEEL POKE BOWL

Quinoa tabbouleh, avocado, wild rocket roasted butternut squash, beetroot, zucchini, onion, grilled halloumi, cherry tomatoes and kale pesto.

Chicken zaatar / Marinated prawns / Seared tuna Saku

6 8

SUPERFOOD

Quinoa, lentils, beetroot, butternut squash, served with baby spinach, kale, mixed seeds and avocado dressing.

Plain / Chicken / Halloumi

5 9 / 6 9 / 6 9

SANDWICHES

BATEEL CLUB

Tomatoes, avocado and egg, layered between your choice of toasted gluten-free bread.

Tuna / Chicken

6 7

HALLOUMI CLUB

Grilled halloumi, aubergine, peppers, artichoke, avocado, pomegranate and Baba Ganoush served with garden greens.

6 7

All of our dishes are handcrafted in one kitchen, we therefore cannot guarantee a purely gluten-free environment, however, we do everything within our control to avoid cross contamination.

All prices are inclusive of VAT.

ORGANIC PASTAS & RISOTTOS

UMBRIAN QUINOA RIGATONI

Gluten-free pasta served with an Umbrian sauce, asparagus, green peas, French beans, grilled artichoke and onions.

7 3

TIGER PRAWN SPAGHETTI

Gluten-free spaghetti with marinated Tiger prawns served in a cherry tomato and crab bisque, garnished with lemon and basil.

8 2

QUINOA RIGATONI ALL' ARRABIATA

Gluten-free pasta with Ligurian olives, cherry tomatoes, Parmigiano Reggiano cheese and a spicy tomato sauce.

7 1

THREE CHEESE QUINOA RIGATONI

Gluten-free pasta in a creamy yet light sauce featuring mascarpone, Parmigiano Reggiano and pecorino cheese.

6 4

CHICKEN FUSILLI

Gluten-free pasta spirals with chicken, mushrooms, garlic and parsley in a creamy sauce made with fresh labneh.

7 4

PRAWN FUSILLI

Gluten-free pasta served with marinated prawns and a hint of coriander with a creamy tomato sauce.

7 6

MUSHROOM RISOTTO

Arborio risotto with fresh shiitake, cep, black trumpet, Cardoncello, button and chiodini mushrooms, fresh parsley and Parmigiano Reggiano cheese.

6 1

MAIN COURSES

BATEEL CHICKEN SALTIMBOCCA

Corn-fed chicken breast filled with mozzarella, fresh sage and sun-dried tomatoes, served with a potato gratin, grilled asparagus and chicken jus.

8 9

GRILLED SALMON & QUINOA

Grilled salmon on a light quinoa risotto featuring fresh coriander, asparagus, peas, zucchini and an Iranian dry lemon zaatar sauce.

9 7

RIBEYE STEAK

Grilled Australian rib-eye steak served with a healthy superfood salad, quinoa, lentils, beetroot, butternut squash, baby spinach, kale, mixed seeds and avocado dressing.

1 0 3

BEEF TAGLIATA

Beef tenderloin, homemade mashed potatoes, baby carrots, mushroom sauce and mixed salad.

9 4

DESSERTS

Choose from our delicious selection of gluten-free desserts, available at our confectionary counter.

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